

Escondido Recreation Guide

Winter & Spring 2016 January • February • March • April



Annual Spring
Recital
May 7, 2016

Creating Community through People, Parks, and Programs

PRESCHOOL • YOUTH • TEENS • ADULTS • FAMILY • AQUATICS • SPORTS

recreation.escondido.org

APRIL POOLS DAY!

FREE Water Safety Event and Expo • Saturday, April 2, 2016

Free Swim Lesson, Lifeguard Demonstration, Lifesaving Tips, Safety Exhibits, and Free Rec Swim. Parents and Pool Owners encouraged to participate!

Two North County Locations:

Washington Park Pool

9:00 am–12:00 pm

760.839.4204

501 North Rose Street
Escondido, CA 92027

Las Posas Pool

12:00–4:30 pm

760.744.9000

1387 West Borden Road
San Marcos, CA 92069



Follow Escondido Recreation on Facebook!



Like us on Facebook to get updates on all our high quality and engaging classes and programs!

- Open gym and game schedules
- Pictures of participants and classes
- Upcoming events
- Weekly fun facts
- Other local community events



Recreation:

[Facebook.com/EscondidoRecreation](https://www.facebook.com/EscondidoRecreation)

Sports Center:

[Facebook.com/EscondidoSportsCenter](https://www.facebook.com/EscondidoSportsCenter)

Tiny Tots:

[Facebook.com/TinyTotsEscondido](https://www.facebook.com/TinyTotsEscondido)

City of Escondido Recreation Guide

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Message From the Director

As the 2015 year is coming to an end and 2016 is quickly approaching, we should take a minute—or two—to celebrate our accomplishments of the last year, focus on our goals for the New Year, and prepare for the potential El Niño.

The Community Services Department has much to celebrate as we have achieved a better balance between providing high-quality programs for you while staying within our budget. During 2015, Recreation offered 783 classes in which 9,664 participants improved their health and well-being through participating in a wide-variety of recreation classes; facilitated 1,600 children to be water safe through Learn to Swim lessons; and engaged children in 180,500 visits to our before and after school programs. Staff launched a new advertising opportunity to help cover the cost to produce the Recreation Guide while connecting local businesses to a wide and diverse local audience who wish to shop locally. By the end of December 2015, the Escondido Senior Center Park Avenue Café will have served 24,000 nutritious meals to our aging

population and provided free exercise classes via Feeling Fit for 4,000 seniors.

As you plan 2016 activities, please remember that the Library, Recreation, and Older Adult divisions provide a multitude of opportunities that can help you and your family reach your personal goals. From literacy programs to soccer and hockey leagues for youth and adults, daily lunch for your aging loved ones to ballet for your preschooler, Escondido Community Services will keep you engaged, active, and healthy in mind and body so that you can be your best in 2016!

Sincerely,

Loretta McKinney

Director of Library and Community Services

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City Council

Sam Abed, Mayor
Michael Morasco, Deputy Mayor
Olga Diaz
Ed Gallo
John Masson



City Manager
Clay Phillips

City Treasurer
Kenneth Hugins

**Director of Library and
Community Services**
Loretta McKinney



Mission Statement

Escondido Recreation enhances the quality of life of citizens by providing recreational services, facilities, and parks that promote health, wellness, and safety, while fostering a strong sense of community.

Contact Us

Phone 760.839.4691
Email recreation@escondido.org
Web recreation.escondido.org
Office 201 North Broadway, Escondido, CA 92025



Follow us on Facebook: Facebook.com/EscondidoRecreation

Facilities

1 **Community Services Department / City Hall**
760.839.4691
201 North Broadway
recreation.escondido.org
recreation@escondido.org

2 **Don E. Anderson Community Building (DACB)**
120 Woodward Avenue

3 **East Valley Community Center (EVCC)**
760.839.4382
2245 East Valley Parkway

4 **Escondido Police & Fire Headquarters (EPFH)**
1163 North Centre City Parkway

5 **Escondido Public Library**
760.839.4684
239 South Kalmia Street

6 **Escondido Sports Center (ESC)**
760.839.5425
3315 Bear Valley Parkway
sportscenter.escondido.org

7 **Ice-Plex (ICE)**
555 North Tulip Street

8 **James Stone Pool (JSP)**
131 Woodward Avenue

9 **Kūhāi Hālau (KH)**
231 East Grand Avenue

10 **Las Posas Pool**
1387 West Borden Road, San Marcos

11 **Mathes Community Center (MCC)**
247 South Kalmia Street

12 **Park Avenue Community Center (PACC)**
760.839.4688
210 Park Avenue

13 **San Diego Fencing Center (SDFC)**
1770 South Escondido Boulevard

For facility hours and closure dates, visit our website at recreation.escondido.org or call 760.839.4691.

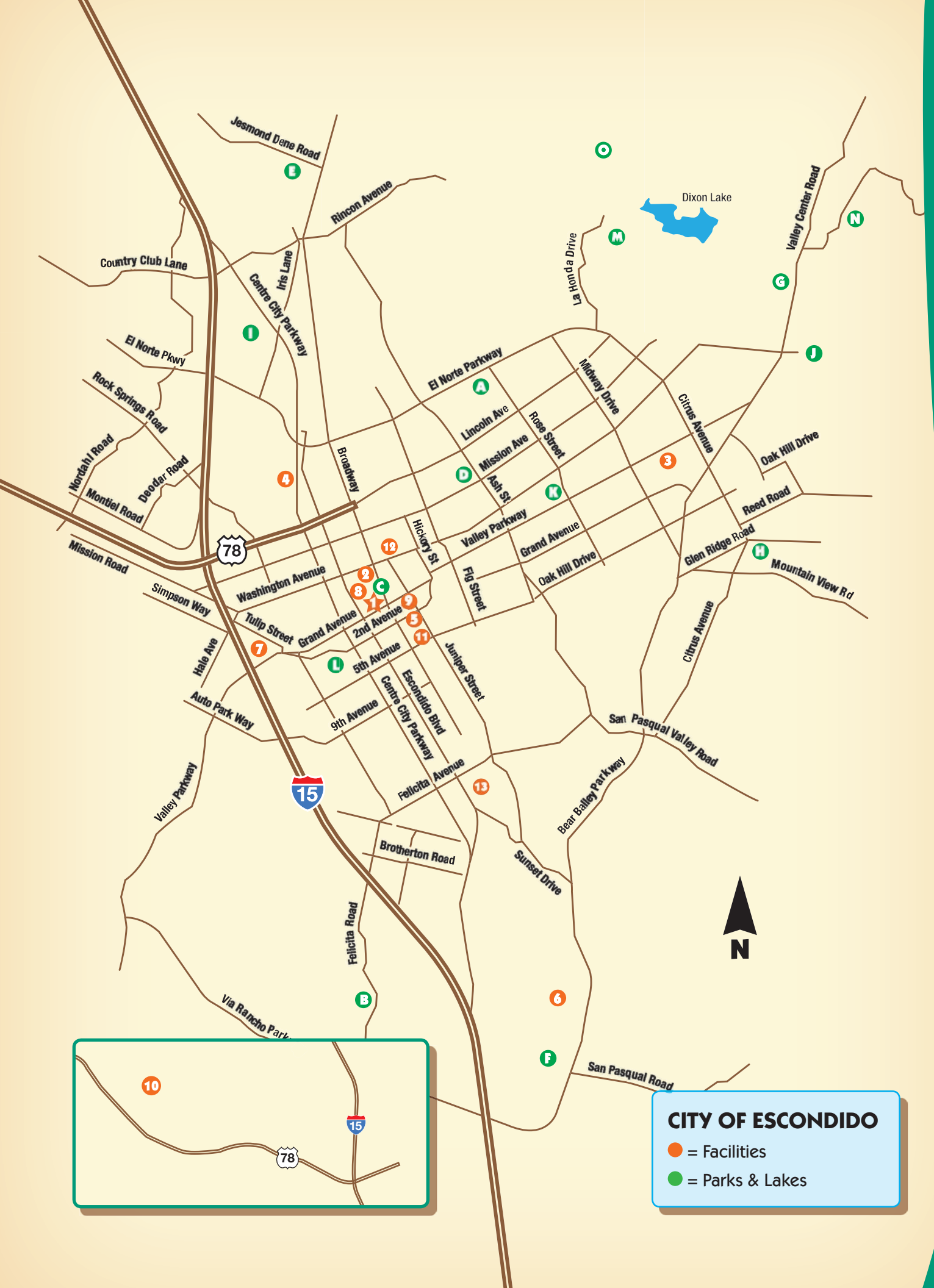
*Other facilities for Recreation classes are listed below.

Parks

Attention Community and Private Groups!

The Community Services Department offers a variety of parks and facilities to rent on a first come, first serve basis.

	Amphitheater	Ball Fields	Barbecues	Basketball Courts	Boating	Campground	Disc Golf Course	Dogs Allowed	Fishing	Fitness Course	Hiking Trails	Historical Buildings	Horseshoe Courts	Picnic Tables	Playground / Tot Lot	Recreation Buildings	Restrooms	Soccer Fields	Swimming Pool	Tennis Courts
A El Norte Park • 1375 East El Norte Parkway, 92027			•											•	•					
B Felicita County Park • 742 Clarence Lane, 92029			•					•			•		•	•	•	•				
C Grape Day Park (GDP) • 321 North Broadway, 92025							•					•	•	•	•	•			•	
D Grove Park • 745 North Ash Street, 92027			•	•										•	•	•				
E Jesmond Dene Park • 2401 North Broadway, 92026		•	•							•				•	•	•				
F *Kit Carson Park (KCP) • 3333 Bear Valley Parkway, 92025	•	•	•				•			•	•			•	•	•	•	•		•
G Mayflower Dog Park • 3420 Valley Center Road, 92027								•												
H *Mountain View Park (MVP) • 1160 South Citrus Avenue, 92027		•	•											•	•	•	•	•		•
I Rod McLeod Park • 1701 South Iris Lane, 92026			•											•	•	•				
J Ryan Park • 390 North Hidden Trails Road, 92027																•	•			
K *Washington Park (WP) • 501 North Rose Street, 92027		•	•	•										•	•	•	•		•	•
L Westside Park • 333 South Spruce Street, 92025			•	•										•	•	•				
M Dixon Lake • 1700 La Honda Drive, 92027	•		•		•	•			•		•			•	•	•				
N Lake Wohlford • 25453 Lake Wohlford Road, 92025			•		•				•		•			•		•				
O Daley Ranch • 3024 La Honda Drive, 92027								•			•	•				•				



CITY OF ESCONDIDO

- = Facilities
- = Parks & Lakes



Developing Young Minds

This program establishes a solid foundation of learning in an encouraging, positive environment designed to nurture the mind through social interaction and academic development. The curriculum emphasizes the California Common Core Standards through activities such as arts & crafts, music, science, prewriting/reading, math, and circle time.

Offered at two locations:

East Valley Community Center (EVCC)
2245 East Valley Parkway

Don Anderson Community Building (DACB)
120 Woodward Avenue

- Registration packet and fee information is available at: recreation.escondido.org/tiny-tots-preschool.aspx
- Priority registration is given to those registered in the prior month.
- **Parent participation is required.**
- Classes available, start any time.

Lil' Tots

3–4 years

Monday & Wednesday	8:15–10:30 am	EVCC
Wednesday & Friday	8:15–10:30 am	DACB
Tuesday & Thursday	8:15–10:30 am	DACB

Super Tots

4–5 years (Pre-K)

Monday, Wednesday, & Friday	11:15–2:00 pm	EVCC / DACB
Tuesday & Thursday	8:15–11:00 am	EVCC

*No class 1/18, 2/15, 3/28–4/1

Wee Tots

3/4 weeks • Ages 18 months–3½ years

Explore the preschool classroom with your little one. Create an art project; play outside on preschool equipment—all at your own pace. Meet other parents while your child develops social skills interacting with other toddlers. Each week will include a teacher-run “circle time” with songs and a story. *Parent participation is required.*

Instructor: Tiny Tots Preschool Teachers

January

#1172.111	M	9:00–10:30 am	*1/4–1/25	\$24	DACB
#1172.110	F	9:00–10:30 am	1/8–1/29	\$32	EVCC

February

#1172.121	M	9:00–10:30 am	*2/1–2/29	\$32	DACB
#1172.120	F	9:00–10:30 am	2/5–2/26	\$32	EVCC

* No class 1/18 & 2/15

Wee Tots (continued)

March

#1172.131	M	9:00–10:30 am	3/7–3/21	\$24	DACB
#1172.130	F	9:00–10:30 am	3/4–3/25	\$32	EVCC

April

#1172.141	M	9:00–10:30 am	4/4–4/25	\$32	DACB
#1172.140	F	9:00–10:30 am	4/8–4/29	\$32	EVCC

Discovery Tots: Caterpillars, Kangaroos and Bears, OH MY!

4 weeks • Ages 18 months–3½ years

Come play with us! This unique class combines art activities, play and story time based on the books of Eric Carle (Very Hungry Caterpillar, Does a kangaroo have a mother too? & Brown Bear, Brown Bear, what do you see?). Parent participation required.

Instructor: Ms. Kathie, Tiny Tots Preschool Teacher

#3107.101	Th	1:00–2:00 p	1/7–1/28	\$32	DACB
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Discovery Tots: Music Jamboree

4 weeks • Ages 18 months–3½ years

Let your little one discover the joy of music. Join us for sing-alongs, rhyme-time, musical storybooks, play instruments and create music themed crafts. This class will delight and inspire your budding musicians. Parent participation is required.

Instructor: Ms. Mani, Tiny Tots Preschool Teacher

#3107.102	Th	1:00–2:00 pm	2/4–2/25	\$32	EVCC
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Discovery Tots: Superhero Training

4 weeks • Ages 3–5 years

Get ready for an adventure of heroic proportions! Students will design their own super-logos, masks, and more to create the perfect superhero secret identity. Then set out on a quest to further develop their superpowers through a series of challenges. This non-stop, action-packed class awaits a few heroes!

Instructor: Ms. Kathie, Tiny Tots Preschool Teacher

#3107.103	Th	12:30–2:00 pm	3/3–3/24	\$32	DACB
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Discovery Tots: April Showers Bring May Flowers

4 weeks • Ages 3–5 years

How does your garden grow? Experience and explore this hands-on class that incorporates nature through a variety of arts, crafts and gardening activities. Grow flowers, create a bird feeder, and garden vegetable painting are just a few of the fun activities that are planned.

Instructor: Ms. Mani, Tiny Tots Preschool Teacher

#3107.104	Th	12:30–2:00 pm	4/7–4/28	\$32	EVCC
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For more information, call 760.839.4691 or email recreation@escondido.org

 [Facebook.com/TinyTotsEscondido](https://www.facebook.com/TinyTotsEscondido)

Get Smart With Art NEW!

4 Weeks • Ages 2–5

Come with you child and help develop their learning skills through these hands-on, age-appropriate art activities. Each week a new art experience inspired by the works of famous artist and designed to foster focus, concentration, fine motor and critical thinking skills, as well as creativity. Exciting materials to explore, a new masterpiece to create each week and new lessons each session

Instructor: Vivian Matchett, Experienced Art Teacher and Artist

#1194.110	Sa	9:30–10:15 am	*1/9–2/6	\$56	MCC
#1194.120	Sa	9:30–10:15 am	2/20–3/12	\$56	MCC
#1194.130	Sa	9:30–10:15 am	*3/19–4/16	\$56	MCC

*No class on 1/16 & 3/26

Preschool Hula

4 Weeks • Ages 3–5

Come experience this beginning Keiki (Children) Hula class. Dancers will learn to count in Hawaiian as well as some basic language. Enjoy traditional Hawaiian music while learning both modern and ancient styles of hula. All levels are welcome to our halua!

Instructor: Kelly Haupu, Experienced Hula Instructor

#1367.110	Sa	9:30–10:25 am	1/9–1/30	**\$55	KH
#1367.120	Sa	9:30–10:25 am	2/6–2/27	**\$55	KH
#1367.130	Sa	9:30–10:25 am	3/5–3/26	**\$55	KH

**\$10 Discount for each additional family member

Tiny Tots Tumble Time

5 weeks • Ages 2–4

Let's Tumble! Bring your little tumblers and join us for some fun play time with other toddlers. Each week we will work on different stations, such as balance beam and mini trampoline. We will work on large motor skill development and will teach your child beginning gymnastics starting with rolls and working our way to handstands. Boys and girls are welcome!

Instructor: Flip to Cheer Staff

#1158.110	Th	4:45–5:20 pm	1/14–2/11	\$54	PACC
#1158.120	Th	4:45–5:20 pm	2/18–3/17	\$54	PACC

Pee Wee Play Time

Created for experts in rolling, crawling, waddling, and trotting! This open gym time is just for you and your favorite explorer!

Your child can crawl through tunnels, run through obstacles, and throw balls while enjoying music and socializing with other children. Activities and play equipment will be modified every month to provide new experiences for children's growing young minds. All activities are parent-led and self-guided. Drop in for 30 minutes or stay for a couple of hours.

Every Monday & Wednesday • 8:30 am–12:00 pm

Ages 0–5 • \$3 for first child, each additional child \$1

Location: EVCC • 760.839.4382



Little Ninja's Karate

5 weeks • Ages 2–5

Students will begin to learn the basic kicks, punches, blocks, and stances of karate. Karate will help in development of motor skills, balance, and coordination. Children will also be taught to make good choices, listen, and follow directions. In the older class, children will begin learning stances, combination moves, correct form and technique, and Katas. Uniforms are required in the older class.

Instructor: Jorge Lopez, 4th degree black belt

Session 1

#1441.110	T	10:00–10:45 am	1/12–2/9	\$60	EVCC	**2–3
#1442.110	T	11:00–11:45 am	1/12–2/9	\$60	EVCC	4–5

Session 2

#1441.120	T	10:00–10:45 am	2/16–3/15	\$60	EVCC	**2–3
#1442.120	T	11:00–11:45 am	2/16–3/15	\$60	EVCC	4–5

Session 3

#1441.130	T	10:00–10:45 am	3/22–4/19	\$60	EVCC	**2–3
#1442.130	T	11:00–11:45 am	3/22–4/19	\$60	EVCC	4–5

**Parent involvement required for ages 2–3

Tiny Tots Ice Skating

8 weeks • Ages 3–5

This class is designed for little ones who would like to try ice skating. They will learn basic skating skills through games and creative drawings on the ice. The emphasis is fun and building confidence on the ice.

Instructor: Ice-Plex Staff

#1405.110	F	4:45–5:15 pm	1/8–2/26	**\$85	ICE
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**Includes skate rental and public skating from 3:15–5:15 pm on day of class

Upcoming Themes:

- December:** The Amazing Snow Days
- January:** Numbers, Letters, and Shapes... Oh My!
- February:** Trains, Planes, and Automobiles
- March:** Pee Wee Olympics
- April:** Earth Explorers





BALLET RECITAL

Students enrolling in Winter/Spring ballet classes will participate in Escondido Recreation's annual ballet recital on **Saturday, May 7** at the California Center for the Arts, Concert Hall. The mandatory dress rehearsal will be held on Wednesday, May 4. A costume fee of \$35-\$40 will be due the first week in February to the instructor.

Ballet

16 weeks plus recital • Ages 4–Adults

Let your child experience the joys of dancing! These ballet classes teach poise, coordination, and classical ballet technique in a positive and imaginative atmosphere.

Instructor: Cindy Ahler

Pre-Ballet

#1310.109	Th	3:45–4:30 pm	*1/7–5/5	\$144 EVCC	4–5
#1310.108	Sa	9:30–10:15 am	*1/9–5/7	\$144 EVCC	4–5

Beginning Ballet

#1310.105	Sa	10:15–11:15 am	*1/9–5/7	\$144 EVCC	6–10
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Ballet 1 (Beginning Ballet recommended)

#1310.101	T	3:30–4:30 pm	*1/5–5/3	\$144 EVCC	6–10
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Ballet 1/2 (prerequisite Beginning Ballet)

#1310.107	Sa	11:15–12:15 pm	*1/9–5/7	\$144 EVCC	7–11
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Ballet 3/4

#1310.106	W	4:30–5:45 pm	*1/6–5/4	\$144 EVCC	**8–17
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Advanced Ballet

#1310.112	Th	4:30–5:45 pm	*1/7–5/5	\$144 EVCC	***10–Adult
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Pointe (concurrent enrollment in Advanced or 3/4 required)

#1310.110	T	4:30–5:45 pm	*1/5–5/3	\$144 EVCC	**10–Adult
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*No class on 2/9, 2/10, 2/11, 2/13, 3/8, 3/9, 3/10, & 3/12

**Instructor approval required

***Advanced Ballet open to adults

Beginning Hula

4 Weeks • Ages 5–12

Come experience this beginning Kaikamahine Hula (for girls) and Keiki Kane Hula (for boys). Dancers will learn the foundations of Hula, choreography, language, and history all while enjoying traditional and modern Hawaiian music. All levels are welcome to our halua!

Instructor: Kelly Haupu, Experienced Hula Instructor

Kaikamahine (for girls)

#1367.112	W	5:30–6:25 pm	1/6–1/27	**\$55	KH
#1367.122	W	5:30–6:25 pm	2/3–2/24	**\$55	KH
#1367.132	W	5:30–6:25 pm	3/2–3/23	**\$55	KH

**\$10 Discount for each additional family member

Cheerleading

5 weeks • Ages 5–12

Who has S-P-I-R-I-T! This class is perfect for the beginner cheerleader. Our students will learn all of the cheerleading basics including fun jumps, spirits, SUPERSTAR, cheers, and pom dances. Students will also be introduced to gymnastics approximately every other week, starting with rolls, handstands, cartwheels when they are ready, depending on the individual's skill level. This is a fantastic class for every future cheerleader. *Students are welcome to perform with our team at community events.*

Instructor: Flip to Cheer Staff

#1448.110	Th	5:30–6:15 pm	1/14–2/11	**\$54	PACC
#1448.120	Th	5:30–6:15 pm	2/18–3/17	**\$54	PACC

**\$20 optional material fee for pom-poms

Gymnastics Tumble Kids

5 weeks • Ages 5–12

Let's Tumble! Come join our fun-filled class, focusing on all aspects of tumbling. This class is geared toward students who want to learn how to perform basic tumbling such as somersaults, handstands, cartwheels, all depending on the student's skill level. We use fun mats, floor balance beams, small trampolines, and more to help develop their skills. This class is great for both boys and girls who want to learn cartwheels, round-offs, and more!

Instructor: Flip to Cheer Staff

#1444.110	Th	6:25–7:10 pm	1/14–2/11	\$59	PACC
#1444.120	Th	6:25–7:10 pm	2/18–3/17	\$59	PACC

Beginning Ice Skating

8 weeks • Ages 6–16

This class is designed for kids who would like to try ice skating. They will learn basic skating skills through creative games and drawings on the ice. The emphasis on this class is to learn basic skating skills and safety while having fun!

Instructor: Ice-Plex Staff

#1406.110	F	4:15–4:45 pm	1/8–2/26	**\$85	ICE
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**Includes skate rentals and public skating from 3:15–5:15 pm on day of class.

Kids Yoga ^{NEW!}

6 Weeks • Ages 4–13

Kids yoga offers children the opportunity to learn patience, focus, compassion, and cooperation. Students get a chance to practice yoga through song, games, and fun activities. *Bring mat or towel to class.*

Instructor: Sheila Gilman, Registered Yoga Teacher

Ages

#1428.110	W	4:00–5:00 pm	1/20–2/24	\$68	EVCC	4-8
#1428.120	W	4:00–5:00 pm	3/9–4/13	\$68	EVCC	9-13

Tae Kwon Do

12 Weeks • Ages 6–Adults

Develop physical and mental discipline, strength, endurance and coordination. Learn the Korean martial arts of Tae Kwon Do (Kicks, blocks, punching), Hapkido (joint locking techniques), Judo (throwing and grappling), and basic weapons. Become more confident and learn basic self-defense techniques.

Instructor: Skip Leonard, 6th Degree Black, Certified by WT Federation, City of Escondido instructor for over 23 years

Session 1

#2613.112	M/Th	5:00–6:00 pm	*1/4–3/31	**\$99	MCC
#2613.113	M/Th	6:15–7:15 pm	*1/4–3/31	**\$99	MCC
#2613.114	M/Th	7:30–8:30 pm	*1/4–3/31	**\$99	MCC

Session 2

#2613.122	M/Th	5:00–6:00 pm	*4/4–6/15	**\$99	MCC
#2613.123	M/Th	6:15–7:15 pm	*4/4–6/15	**\$99	MCC
#2613.124	M/Th	7:30–8:30 pm	*4/4–6/15	**\$99	MCC

* No class on 1/18, 2/15, & 5/30

**Martial arts uniform is required and may be purchased from the instructor for \$20

“Safety Academy taught my children how to be safe and aware of their surroundings! They gained confidence and discipline while having fun.”
—Lori Y.

Safety Academy

2 weeks • Ages 6–13

This safety program for children held at Escondido Police Headquarters was developed by Escondido Police Officers. The goal of the program is to keep your children safe and motivate them to lead productive and healthy lives. The following topics will be covered: general safety, fire safety, how to react in an emergency situation, anti-bullying, drug avoidance, gang avoidance, gun safety and avoidance, abduction avoidance, and simple self-defense techniques to allow your child to escape an attacker.

Instructor: Lieutenant Al Owens, Officer Mario Sainz, Officer Adam Martinez, & Officer Theresa Ruiz

Ages

#1559.101	Sa	9:00–11:30 am	1/9–1/16	\$32	EPFH	6–9
#1559.102	Sa	9:00–11:30 am	1/23–1/30	\$32	EPFH	10–13



Fencing for Kids

4 weeks/2 days • Ages 9–13

Fencing is a challenging sport for both body and mind. Your child will learn the basics of fencing; covering footwork, strategy, conditioning, and scorekeeping. Everything you need for a duel!

Instructor: Karen Baumgart, San Diego Fencing Center

#1416.110	T/Th	4:00–5:00 pm	2/23–3/17	**\$60	SDFC
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**\$15 Material fee due at first class

Youth Tennis

5 weeks • Ages 7–15

Give your child the opportunity to learn a lifelong sport, develop hand-eye coordination and agility, and build self-confidence. Children will learn basic strokes in a fun and supportive group lesson. Bring tennis racquet and one can of new, unopened “extra duty” tennis balls.

Instructor: Andre Rerolle, USTA Certified and assistant tennis coaches

Session 1

Ages

#1426.113 Beg.	T	3:30–4:30 pm	1/5–2/2	\$45	KCP 7&8	7–10
#1426.114 Int.	T	4:30–5:30 pm	1/5–2/2	\$45	KCP 7&8	11–15

Session 2

#1426.123 Beg.	T	3:30–4:30 pm	2/9–3/8	\$45	KCP 7&8	7–10
#1426.124 Int.	T	4:30–5:30 pm	2/9–3/8	\$45	KCP 7&8	11–15

Session 3

#1426.133 Beg.	T	3:30–4:30 pm	3/15–4/12	\$45	KCP 7&8	7–10
#1426.134 Int.	T	4:30–5:30 pm	3/15–4/12	\$45	KCP 7&8	11–15

Saturday Youth Tennis

5 weeks • Ages 7–15

Saturday youth tennis is here. Children will learn basic strokes, scoring, and sportsmanship in these group lessons. Tennis is a great way to keep your child physically active while learning a lifetime sport.

Instructor: Andre Rerolle, USTA certified and assistant tennis coaches

#1427.114	Sa	10:00–11:00 am	1/9–2/6	\$45	MVP 1&2
#1427.124	Sa	10:00–11:00 am	2/13–3/12	\$45	MVP 1&2
#1427.134	Sa	10:00–11:00 am	3/19–4/16	\$45	MVP 1&2

Let's Get Cookin'

2 Weeks • Ages 8–13

Time to teach kids how to take the basic pantry ingredients and creatively whip them together to make delicious foods. Four different themed classes are offered to help expand the student's kitchen knowledge.

Instructor: Zoe Sanchez Richardson, Avid baker, chef, and experiences teacher

Southern Comfort: Chicken Nuggets, Mac & Cheese, French Fries, and more
#1278.110 F 4:00–6:30 pm 1/15–1/22 **\$65 EVCC

Italian Cooking: Chicken Parmigiano, Pasta, Pizza, and more
#1278.120 F 4:00–6:30 pm 2/19–2/26 **\$65 EVCC

Sweets and Treats: Cupcakes, Cake Pops, Funnel Cakes, Cookies, and more
#1278.130 F 4:00–6:30 pm 3/18–3/25 **\$65 EVCC

Everything Breakfast: Waffles, Pancakes, Eggs, Biscuits & Gravy, and more
#1278.140 F 4:00–6:30 pm 4/1–4/8 **\$65 EVCC

**\$25 material fee per class due at first class (cash only)

Math Mania

6 Weeks • 1st–3rd Grade

Math is fun when it is a challenge and not a chore. Get inspired to learn addition, subtraction, multiplication, and division through fun interactive games. Soon you will find yourself having fun with numbers!

Instructor: Zoe Sanchez Richardson, Teacher for 5 years

#1574.110 W 4:00–5:00 pm 2/17–3/23 \$45 EVCC

Paint With Family

Workshop • Ages 7–Adult*

Are you ready for some creative family fun? Paint events have been gaining popularity, but now it is time for the whole family! In this workshop, with step-by-step instructions, you will create a work of art on a canvas. No experience is necessary, just a touch of creative adventure and a good sense of humor. *Parent participation is required.*

Instructor: Kari Aellig, experienced art instructor

#1261.101 Sa 2:00–4:30 pm 1/23 **\$20 EVCC

#1261.102 Sa 2:00–4:30 pm 2/27 **\$20 EVCC

#1261.103 Sa 2:00–4:30 pm 3/26 **\$20 EVCC

#1261.104 Sa 2:00–4:30 pm 4/23 **\$20 EVCC

*It is required for ages 5–15 to attend with an observing or enrolled adult

**\$5 Material fee due at workshop (cash only)

Anime Drawing

6 weeks • Ages 8–15

Anime art is a specialized field similar to cartoon drawing. Students will learn the essence of anime art and will recreate their favorite anime characters and design their own as well.

Instructor: Creative Brain Learning® Staff

#1646.100 W 3:00–3:50 pm 1/20–2/24 **\$68 MCC

**\$20 Material fee due at first class (cash only)

Art While Learning Science

4 weeks • Ages 6–9

This class is based on the idea of “STEAM” (science, technology, engineering, art, and math). Students will learn Earth Science and Biology using fun arts and crafts. During each class, students will learn some science fundamentals and finish by using their new knowledge in a project to take home.

Instructor: Elena Chirkova, Masters in Education

#1208.110 F 4:30–6:00 pm 1/8–1/29 **\$49 EVCC

#1208.120 F 4:30–6:00 pm 2/5–2/26 **\$49 EVCC

#1208.130 F 4:30–6:00 pm 3/4–3/25 **\$49 EVCC

#1208.140 F 4:30–6:00 pm 4/1–4/22 **\$49 EVCC

**\$10 Material fee due at first class (cash only)

Youth Guitar

6 weeks • Ages 8–15

Learn to play one of the world's most popular instruments with kids your age! Perfect for beginners, this class requires no experience and students will learn to play basic chords and simple melodies in a fun environment. No guitar? No problem. Teacher approved guitars can be rented or purchased from MUSICSTAR® one week before class begins.

Instructor: MUSICSTAR® Staff

#1327.110 W 5:00–5:50 pm 1/20–2/24 **\$68 MCC

#1327.120 W 5:00–5:50 pm 3/9–4/13 **\$68 MCC

**\$20 material fee for Student Pack, which includes the Course Book and DVD, due at first class (cash only)

Magical Garden

6 weeks • Ages 5–9

Gardens are magical, fun, and always full of surprises. Worms, ladybugs, veggies, and fruits emerge from the earth. Nature is your treasure chest as your young gardener discovers the bounty of getting dirty in the garden.

Instructor: Zoe Sanchez Richardson, Avid Gardener and experienced teacher

#1276.100 Th 5:00–6:00 pm 2/18–3/24 **\$45 EVCC

**\$15 Material Fee due at first class (cash only)

Video Game Design

6 Weeks • Ages 8–15

You play them, now learn how to develop them. Working in teams students will design and program their own video games, which they will be able to take home and play. During the Intermediate class, you will be working with an already completed video game. Learn about adding features, scoring, and multiple players to games. Computers will be provided for classroom use. *Completion of Beginning class is required.*

Instructor: Creative Brain Learning

Beginning

#1272.110 W 4:00–4:50 pm 1/20–2/24 **\$68 MCC

#1272.120 W 3:00–3:50 pm 3/9–4/13 **\$68 MCC

Intermediate

#1273.100 W 4:00–4:50 pm 3/9–4/13 **\$68 MCC

**\$20 Material fee due at first class (cash only)



Spring Break Camps 2016

Discovery Kids Camp

Ages 5–12 • Monday–Friday • 7:00 a.m.–6:00 p.m.

Oak Hill Activity Center, 405 South Midway, Escondido 92027

Let's discover the wonders in our own backyard! Discovery Kids Camp offers the fun of a traditional day camp in addition to opportunities to learn about the world around us. Arts, crafts, games, sports, and other activities are all designed around a weekly theme intended to engage the senses and develop greater awareness of the world.

Week 1: March 21–25, 2016

#3344.110 \$110/week

Ancient Escondido—Your prehistoric adventure begins as we explore the world of the distant past. Let our Jurassic Guides* lead campers through the wonders of the ancient world as they provide fun facts and information while creating dinosaur fossils, a working volcano, edible dino eggs and much more! Field trip to San Diego Archeological Center included.

Camp info:

- Send campers with lunch and snacks (not provided by program)
- Field trips are not optional, counselors will not be left at camp
- Shirts are required for field trips; purchase for \$5 at camp

Week 2: March 28–April 1, 2016

#3344.120 \$110/week

Critters & Creatures—Get ready to crawl into adventure as we explore and get our hands dirty! Our zoologists* will guide campers as they discover the need for critters and creatures of all kinds through creepy crawly scavenger hunts, create animal cracker magnets, craft an edible worm infested dirt cup, and much more! Field trip to San Diego Children's Museum included.

*Camp Counselors to substitute when Jurassic Guides and zoologists not available.

NEW!
Single day
Registrations
available
only \$37!

After School Programs

Building Confidence, Self-Esteem & Friendships!

Escondido Recreation Before & After School Program provides a safe and enriching environment for the elementary children of our community. We engage children in activities and ongoing relationships that increase confidence and encourage success in all areas of their lives—at home, in school, and in the community.

ASES Before & After School Program

This program is open to any 1st–5th grader and PM Kindergartner that attends these schools:

- Conway
- Farr
- Oak Hill
- Juniper
- Rock Springs (am/pm Kindergarten Program available)

Morning: 6:30–Start of school

Afternoon: End of school until 6:00 pm

Cost: FREE!!!

Once program is full, a waitlist is available.

This program is funded by the After School Education and Safety Program through the State of California.

After School Program

This program is open to any 1st–5th grader that attends these schools:

- North Broadway
- Reidy Creek

Program hours: End of school until 6:00 pm

Cost: \$10 per day (only pay when attending)

A registration form must be completed before a student can attend. Registration forms can be picked up at any of the school offices; City Hall, 201 North Broadway; or East Valley Community Center, 2245 East Valley Parkway.

**For more after school or camp information,
please call 760.839.5483.**



**Lifeguard Training/Title 22 Certificate Course
American Red Cross
Ages 15–Adult**

Lifeguarding puts you in an exciting position, working as part of a team to help people safely enjoy the water. This course trains students in surveillance skills to help you recognize and prevent injuries, rescue skills in the water and on land, first aid training and CPR for the professional rescuer, as well as professional lifeguarding responsibilities. The American Red Cross Lifeguard training course makes learning fun and easy.

Instructor: ARC Certified LGI

#4282.101	M–F	8:00 am–6:00 pm	3/21–3/25	\$325	WP
#4282.102	M–F	8:00 am–6:00 pm	3/28–4/1	\$325	TBA

Prerequisites

Swim 300 yards continuously, demonstrating rhythmic breathing and stabilization, propellant kick (Rhythmic breathing can be performed either by breathing to the side or front) Swim 20 yards using front crawl or breaststroke, surface dive to a depth of 7-10 feet, retrieve a 10-pound object, return to the surface, and swim 20 yards back to the starting point, and exit the water within 1 minute, 40 seconds. Tread water, legs only, for 2 minutes.

Lifeguard Training/Title 22 Certificate and Water Safety Instructor Course include materials; scholarships available. Contact 760-839-4204 for more information.

**Water Safety Instructor Course
American Red Cross
Ages 16–Adult**

Learn how to teach others how to be safe in and around the water. Whether you want to splash around with kids, help children and adults refine their strokes, or teach diving safety techniques, you can do it as an American Red Cross Water Safety Instructor. This course will help you teach skills that may save a life, gain terrific work experience as an aquatics professional, or earn money while you help people learn valuable skills and make a difference in their lives.

Instructor: ARC Certified WSIT

#4281.101		8:00 am–6:00 pm	3/21–3/25	\$325	WP
#4281.102		8:00 am–6:00 pm	3/28–4/1	\$325	TBA

Prerequisites

Demonstrate Level 4 swimming skills consistent with Stroke Performance Chart, by swimming the following strokes:

- Front Crawl—25 yards
- Back Crawl—25 yards
- Breaststroke—25 yards
- Elementary backstroke—25 yards
- Sidestroke—25 yards
- Butterfly—15 yards
- Also must be able to maintain position on back for 1 minute in deep water by floating or sculling and tread water for 1 minute.

Summer aquatic programs begin May 30!
Learn-to-swim registration will begin in May.

In order to assist you in determining the appropriate level for your child, swim testing is available on the following days:

- Saturday, April 2 at the April Pools Day event (See inside of front cover)
- Saturday, May 14 James Stone Pool from 12:00–2:00 pm

**See page 15 for
Adult, Child, & Infant CPR/AED!**

Learn-to-Swim Program

Learn-to-Swim classes are taught by certified instructors. Please note: Registration will not be accepted at James Stone Pool. Please follow the registration procedures on pages 24–25.

Dates: Saturday, April 23–May 21
5 weeks, 40-minute classes

Location: James Stone Pool (JSP)
131 Woodward Avenue

Duck

Ages 5–16 • Fee: \$46

Level 1 is for children with little or no swimming experience. The focus of this class is to move comfortably through water, fully submerge face in water, and execute supported front and back kicking and floating.



#4230.101	9:10-9:50 am	JSP
#4230.102	10:50-11:30 am	JSP
#4230.103	1:50-2:30 pm	JSP
#4230.104	2:40-3:20 pm	JSP

Dolphin

Ages 5–16 • Fee: \$46

Level 2 is for children who have successfully completed the skills of level 1. This level focuses on fundamental aquatic skills ranging from breath control, unassisted front/back floats and glides, to elementary coordination of front crawl.



#4232.101	9:10-9:50 am	JSP
#4232.102	10:00-10:40 am	JSP
#4232.103	10:50-11:30 am	JSP
#4232.104	1:00-1:40 pm	JSP

Starfish

Ages 5–16 • Fee: \$46

Level 3 is designed to promote stroke development and provide guided practice in deep water. Skills taught include rotary breathing, front crawl, elementary backstroke, and head first entry from kneeling position. Participants must have passed dolphin or be able to swim 5 yards independently.



#4240.101	9:10-9:50 am	JSP
#4240.102	1:00-1:40 pm	JSP
#4240.103	2:40-3:20 pm	JSP

Seahorse

Ages 5–16 • Fee: \$46

Level 4 is stroke improvement course, which focuses on developing confidence in front and back crawl, improving aquatic skills such as diving and turns, and introduction of elementary backstroke, breaststroke, sidestroke, and butterfly. Participants must be able to swim front crawl and backstroke independently for 15 yards to participate.



#4250.101	1:50-2:30 pm	JSP
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Seals

Ages 5–16 • Fee: \$46

Level 5 focuses on stroke coordination and refinement of all key strokes for increased distance. Advanced techniques such as shallow angle dives, surface dives, and flip turns will be introduced. Participants must be able to swim front crawl 25 yards, elementary backstroke 25 yards, and breaststroke 15 yards.



#4260.101	1:50-2:30 pm	JSP
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Me & My Shadow—Parent/Child

Ages 6 months–3 years • Fee: \$46

Me & My Shadow is designed to develop a high comfort level in and around the water. Emphasis is on water adjustment, swimming readiness, fun and enjoyment in the water. A high level of parent participation is required.

#4200.101	10:00-10:40 am	JSP
#4200.102	10:50-11:30 am	JSP
#4200.103	2:40-3:20 pm	JSP

Grunion 1

Ages 3 & 4 • Fee: \$46

This preschool-aged class promotes water exploration and comfort in the water, and is for children with little or no experience. Skills include water entry and exit, breath control, supported front glides and back floats, and safety through fun and games.



#4210.101	9:10-9:50 am	JSP
#4210.102	1:00-1:40 pm	JSP
#4210.103	1:50-2:30 pm	JSP

Grunion 2

Ages 3 & 4 • Fee: \$46

This class is held in the shallow end of the pool for preschool-aged children and is for children who have successfully completed Grunion 1 or are VERY comfortable in the water. The focus is to move comfortably through water, execute supported front/back glides and floats, and swim using combined arm and leg action with support.

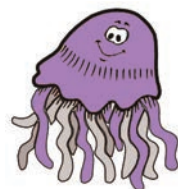


#4220.101	10:00-10:40 am	JSP
#4220.102	10:50-11:30 am	JSP
#4220.103	1:00-1:40 pm	JSP
#4220.104	2:40-3:20 pm	JSP

Jellyfish

Ages 3 & 4 • Fee: \$46

This class builds on the skills taught in Grunion 1 and 2 providing additional guided practice with increased distances and times. Participants will focus on breath control, unassisted front/back floats and glides, recovery from floats/glides, and elementary coordination of front crawl.



#4225.101	10:00-10:40 am	JSP
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Renegade Aquatics Swim Program

The Renegade program has partnered with the City of Escondido to promote the sports of swimming and water polo in a safe, friendly, and educational environment. The experienced coaching staff will focus on technique and skill development, help the athletes improve, and introduce them to competition at meets throughout San Diego county and southern California. There is a wide range of practice groups, from the beginning novice level to the elite high school competitive athletes.

Participants have the option to swim at either the Washington Park municipal pool (501 North Rose Street) or the Boys & Girls Club (835 West 15th Avenue). The teams practice year round, and both pools are heated during the colder months.

For additional information on the Renegade programs, including practice times and fees, please visit the team website at www.renegadeaquatics.com.

Teens

Teen Epee Fencing

4 weeks / 2 days • Ages 13–17

Fencing is an Olympic sport that teaches discipline and strategy. This class will focus on Epee Fencing where the whole body is the target. Not only is fencing a fun, safe sport for both boys and girls, fencing also looks great on those college applications!

Instructor: Jon Magner, SDFC Staff and US Fencing Professional Member

#1414.100 T/Th 6:00–7:00 pm 1/14–2/9 **\$60 SDFC
 **\$15 Material Fee due at first class

Babysitter's Training

Workshop • Ages 11–15


The American Red Cross created this course to prepare babysitters for this important job. Components include a guide to leadership, the business aspect of babysitting, and how to keep yourself and the children safe while on the job. Participants will learn about child development, encouraging positive behavior, and discipline techniques. Know how to handle all the essentials of basic child care, and if an emergency occurs, be ready with basic first aid training; including how to deal with breathing emergencies, and an introduction to CPR skills.

Instructor: Blythe Paley, American Red Cross instructor

#1604.100 Sa 9:00–3:00 pm 4/9 **\$50 EVCC
 **\$15 Material fee due at first class (cash only)



Like us on Facebook!



[Facebook.com/EscondidoRecreation](https://www.facebook.com/EscondidoRecreation)

The New SAT Math Prep



3 Weeks • Ages 15–Adult

Test-taking practice and know-how are the keys to scoring your very best on the SAT Math test. The test focuses on real world math requiring problem solving, modeling, and using tools efficiently such as reviewing, new methods, and practice tests. Come discover the strategies that will give you the SAT test-taking edge! Prepares you for test date: May 7, 2016

Instructor: Lind Lee, College Learning & Test Prep Specialist

#1665.101 Sa 9:00–12:30 pm 3/19–4/2 **\$200 PACC
 **\$25 Material fee due at first class (cash only)

The New SAT Reading & Language Prep



3 Weeks • Ages 15–Adult

Practice that actually improves your skills! These tests use full texts from world literature, social science, history, and the physical sciences. Come work with a college reading and learning specialist to develop these skills, take practice tests, and gain the confidence to score your very best! Know-how will be yours! Prepares you for test date: May 7, 2016

Instructor: Lind Lee, College Learning & Test Prep Specialist

#1665.102 Sa 9:00–12:30 pm 4/9–4/23 **\$200 PACC
 **\$25 Material fee due at first class (cash only)

The New SAT Essay Prep



Workshop • Ages 15–Adult

Your 50 minute test will start with a text to comprehend and analyze; then you'll write an essay about the author's persuasive writing techniques. In this SAT Prep course, you'll learn to do both. A college writing and test taking specialist will show you how to dissect that text and construct your very best essay. Prepares you for test date: May 7, 2016

Instructor: Lind Lee, College Learning & Test Prep Specialist

#1665.103 Sa 9:00–12:30 pm 4/30 **\$49 PACC
 **\$10 Material fee due at first class (cash only)



Introduction to Zentangle Art

Workshop • Ages 13–Adult

Zentangle is fun and easy process to learn, no previous art experience is needed. Create beautiful images using repetitive patterns. Zentangle helps to increase focus and creativity. In this workshop, students will learn 8 basic patterns and complete two 3½” Zentangle tiles by the end of class. Students will be provided with a starting kit containing all materials needed.

Instructor: Rho Densmore, Certified Zentangle Teacher

#2313.100 W 6:00–8:30 pm 2/17 **\$25 EVCC

**\$10 Material fee due at workshop (cash only)

Paint With Family

Workshop • Ages 7–Adult*

Are you ready for some creative family fun? Paint events have been gaining popularity, but now it is time for the whole family! In this workshop, with step-by-step instructions, you will create a work of art on a canvas. No experience is necessary, just a touch of creative adventure and a good sense of humor. *Parent participation is required.*

Instructor: Kari Aellig, experienced art instructor

#1261.101 Sa 2:00–4:30 pm 1/23 **\$20 EVCC

#1261.102 Sa 2:00–4:30 pm 2/27 **\$20 EVCC

#1261.103 Sa 2:00–4:30 pm 3/26 **\$20 EVCC

#1261.104 Sa 2:00–4:30 pm 4/23 **\$20 EVCC

*It is required for ages 5–15 to attend with an observing or enrolled adult

**\$5 Material fee due at workshop (cash only)

Meal Planning Made Simple

Workshop • Ages 16–Adults

Are you lost when it comes to shopping for Healthy Meals? Do you want to save money at the grocery store? Would you like someone to show you How to shop for Healthy meals? Then this is the class for you! Learn how to shop and meal plan for the family and stay in Budget and Be Healthy!

Instructor: Joanna Daniels, Daily Health Decisions

#2183.100 Sa 2:00–4:30 pm 1/23 \$20 EVCC

Remember Anything!

2 weeks • Adults

Your mind is a memory machine! If you doubt that, or have ever said “I have a bad memory” or “I can’t recall names” or “I hate those senior moments,” join us and change your mind! Literally! First, we’ll cover what you can do to have a more efficient, healthy brain. Then, you’ll learn how to operate your extraordinary brain with ease and memory strategies used by the experts. And, finally, you’ll discover that these approaches are both enjoyable and for everyone—no matter what your age or your past experiences. Memory power is within you!

Instructor: Linda Lee, Ph. D, College Learning Specialist

#2171.100 Th 6:30–8:00 pm 2/4–2/11 \$49 PACC

Adult, Child, & Infant CPR / AED

Workshop • Ages 15–Adult

Everyone needs to know how to save a life. In this American Red Cross course, participants learn how to perform CPR and care for breathing and cardiac emergencies in adults, children, and infants. Participants will also learn how to use an automated external defibrillator (AED) on adult, children, and infant victims of cardiac arrest.

Registration/refund deadline: 5/19

Instructor: Aquatic Staff, ARC Certified Instructor

#4826.100 Sa 8:00–4:00 pm 5/21 **\$70 EVCC

**Fee includes certificate of completion

Back and Hip Comfort, The Feldenkrais® Way

5 weeks • Adults

Hip and back pain are extremely common among adults in the U.S. In fact, most Americans will suffer from back or hip pain sometime during their life. If you are interested in learning how to manage and avoid pain yourself, using easy, gentle movements that cause no pain, this is the class for you. This workshop is appropriate for people with or without pain issues.

Instructor: Anita Noone, Guild Certified Feldenkrais Practitioner®

#2162.103 T 10:00–11:00 am 2/23–3/22 \$60 MCC

Adult Ukulele

6 Weeks • Adults

This fun ukulele class will be open to both beginners and intermediate players alike, and will focus on pushing each student individually while playing together with others. Beginners will learn basic chords and strumming. While intermediate players will learn more advanced chords, melodies and techniques all while playing together. This is a perfect opportunity for you to share your interest in Ukulele.

Instructor: Ubiquitous Music Staff

#2249.110	M	6:00–7:00 pm	*1/11–2/29	**\$60	MCC
#2249.120	M	6:00–7:00 pm	3/7–4/11	**\$60	MCC

*No class on 1/18 & 2/15

**\$6 Material fee due at first class (cash only)

Adult Guitar

6 weeks • Adults

Learn to play one of the world's most popular instruments with other kids your age! Perfect for beginners, this class requires no experience and students will learn to play basic chords and simple melodies in a fun environment. No guitar? No problem. Teacher approved guitars can be rented or purchased from MUSICSTAR one week before class begins.

Instructor: MUSICSTAR staff

#2247.110	W	6:00–6:50 pm	1/20–2/24	**\$68	MCC
#2247.120	W	6:00–6:50 pm	3/9–4/13	**\$68	MCC

**\$20 Material fee due at first class (cash only)

Hand Drumming

6 weeks • Ages 16–Adult

Come feel the rhythm and get into the groove! This exciting class will explore concepts of rhythm and drumming techniques. Research has confirmed the far reaching health benefits of drumming. It reduces stress, lowers blood pressure, and improves your general health. Students will learn in an exciting group environment and experience playing together as an ensemble. Don't have a drum, no problem! Drums will be provided for all students.

Instructor: MUSICSTAR® Staff

#2253.110	W	7:00–7:50 pm	1/20–2/24	**\$68	MCC
#2253.120	W	7:00–7:50 pm	3/9–4/13	**\$68	MCC

**\$20 Material fee due at first class (cash only)

INSTRUCTORS WANTED!

Do you have a special talent or a hobby you would like to share with the community?



Escondido Recreation offers a variety of high quality, affordable, and enjoyable programs through Independent Contract Instructors. By sharing your passion and talent, you can make a difference in the lives of others!

Beginning Hula for Women



4 Weeks • Ages 12–Adult

Come experience Hula (Hawaiian Dancing)! A weekly trip back to the Islands where you will learn Hula fundamentals, choreography, language and history all while swaying to beautiful Hawaiian music. All levels are welcome at our Halau!

Instructor: Kelly Haupu, Experienced Hula Instructor

#2224.110	M	6:00–6:55 pm	1/4–1/25	**\$55	KH
#2224.120	M	6:00–6:55 pm	2/1–2/22	**\$55	KH
#2224.130	M	6:00–6:55 pm	3/7–3/28	**\$55	KH

**\$10 Discount for each additional family member

Line Dance

7/8 weeks • Adults

Line Dance isn't just country anymore! Basically, if it has a beat, we'll dance to it! Music selection includes but is not limited to Jimmy Buffet, Lady Gaga, Train, El Simbolo, George Strait, Loretta Lynn, Rihanna, and more. No experience or special shoes are required to join this dance class—just a desire to get moving and have fun with good people having a good time.

Instructor: Carol Stroecker, 16 years of teaching
Line Dance

#2200.110	T	7:00–8:30 pm	1/5–2/16	\$46	PACC
#2200.120	T	7:00–8:30 pm	3/1–4/19	\$52	PACC

Belly Dance Fusion



6 Weeks • Ages 16–Adult

This high energy, low impact class focuses on coordination, stamina, and strength. What a great way to start your morning, Belly Dance mixed with Latin and even some jazz. Benefits include reduced stress on joints and lower back as well as increased range of motion and mobility for better movement. All ages and fitness levels welcome.

Instructor: Joni Chong, Certified Group Exercise and Fitness Instructor

#2264.110	Th	9:15–10:15 am	1/14–2/18	\$36	EVCC
#2264.120	Th	9:15–10:15 am	3/3–4/7	\$36	EVCC

Adult Ballet

16 weeks • Ages 15–Adult

Ballet is not just for kids! We will practice basic barre exercises, stretches, and center combinations to beautiful music. This class is designed to improve strength, flexibility, coordination, and balance.

Instructor: Cindy Ahler

#2203.111	Beg/Int.	W	6:00–7:00 pm	*1/6–5/4	\$144	EVCC
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*No class on 2/10 & 3/9

Zumba / Zumba Toning

5/6 weeks • Adults

If you love Zumba, come join us for a combination of Zumba and Zumba Toning. Both classes create a party-like atmosphere and incorporate Latin and International music and dance movements. Zumba Toning utilizes an innovative muscle training protocol and the addition of light-weight toning sticks or dumbbells. This combo class is designed to improve cardiovascular health, improve overall performance, and sculpt your muscles. Let's party while getting fit!

Instructor: Angie Smith & Zumba Certified Instructor, AFAA & Zumba Certified

#2643.110	Th	7:00–8:00 pm	1/7–2/4	\$30	EVCC
#2643.120	Th	7:00–8:00 pm	2/11–3/10	\$30	EVCC
#2643.130	Th	7:00–8:00 pm	3/17–4/21	\$36	EVCC

Reality Yoga

15 weeks • Adults

Here is a user-friendly class that combines Hatha Yoga, sports medicine stretches, and simple meditation techniques. You will learn to relax joints and ligaments, increase circulation, improve muscle tone, and calm the emotions. Yoga is a great way to avoid mental, emotional, and physical illness due to stress.

Instructor: Nina Deerfield, Naturopathic Physician, has taught for Escondido Recreation for 25 years

#2600.100	T	5:00–5:55 pm	1/12–4/19	\$165	MCC
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T'ai Chi / Chi Gong

15 weeks • Adults

Reduce stress, increase energy, improve physical and mental health by learning the slow, relaxed movements of T'ai Chi & Chi Gong. You will learn how to handle stress and change, how to obtain higher energy levels, and achieve internal and external balance and harmony in your life. All fitness levels welcome.

Instructor: Nina Deerfield, Certified Master City of Escondido Instructor for 25 years

#2601.100	T	6:00–6:55 pm	1/12–4/19	\$165	MCC
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POUND™ Rockout Workout

7 weeks • 16–Adult

POUND is a full-body cardio jam session, combining light resistance with constant drumming. The workout fuses cardio, pilates, isometric movements, and plyometrics into a 45 minute series. After you are done rocking out to a 45 minute POUND track, you'll have completed 15,000 reps, performed over 30 extended interval peaks, and zipped through 70 techniques without even realizing it!

Instructor: Cynthia Demorest, POUND Certified

Session 1

#2635.111	M	6:00–6:45 pm	*1/4–2/29	\$45	EVCC
#2635.112	Sa	9:00–9:45 am	1/9–2/20	\$45	MCC

Session 2

#2635.121	M	6:00–6:45 pm	3/7–4/18	\$45	EVCC
#2635.122	Sa	9:00–9:45 am	3/5–4/16	\$45	MCC

*No class on 1/18 & 2/15



Pilates Cardio Sculpt



4/5 Weeks • Adults

If you want a whole body workout then come join us for this fun workout that can be easily modifiable for all fitness levels! This class combines cardio, Pilates Mat, body sculpting with weights, and stretching. We have designed this class to improve your cardiovascular fitness and overall muscle tone.

Instructor: Kerry Hutchinson, Pilates Mat Certified

#2660.110	M	7:00–8:00 pm	*1/4–2/1	\$32	EVCC
#2660.120	M	7:00–8:00 pm	*2/8–3/7	\$32	EVCC
#2660.130	M	7:00–8:00 pm	*3/14–4/18	\$40	EVCC

*No class on 1/18, 2/15, & 3/28

Pilates Mat Class

5 weeks • Adult

Pilates Mat is a great workout for the body, mind, and spirit. It is designed to strengthen while stretching the body through slow, deliberate, and precise movements. Pilates is suitable for everyone and every body type. Pilates can improve posture, strength, and reduce stress.

Instructor: Kerry Hutchinson, Pilates Mat Certified

#2622.113	W	6:45–7:45 pm	1/6–2/3	\$40	MCC
#2622.123	W	6:45–7:45 pm	2/10–3/9	\$40	MCC
#2622.133	W	6:45–7:45 pm	*3/16–4/20	\$40	MCC

*No class 3/30

Adult Beginning Ice Skating

8 weeks • Ages 16–Adult

Has someone told you that you are too old to ice skate? Let's prove them wrong! Whether you've always wanted to ice skate but never tried, or you used to skate and want to get back into it, join us for some fun. You will learn basic skating skills, gain confidence, and learn to feel comfortable on the ice.

Instructor: Ice-Plex Staff

#2624.110	W	6:30–7:00 pm	1/6–2/24	**\$85	ICE
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**Includes skate rental & public skating from 3:15–5:15 pm on day of class

Tennis

5/8 weeks • Ages 15–Adult

Beginners (Beg.): Covers forehand, backhand, service, rules, and court etiquette for the beginning player.

Intermediate (Int.): Focuses on ground strokes and use of spins, volley, footwork, and positioning. Players should be able to rally, play out points, and have some match experience.

Advanced (Adv.): Emphasis is on advanced net play and doubles movement with a partner, for the intermediate player moving toward tournament play.

Instructor: Andre Rerolle, USTA certified and assistant tennis coaches

Session 1

#2401.115 Beg.	W	6:00–7:30 pm	1/6–2/3	\$58	KCP 7&8
#2401.116 Int/Adv.	W	7:30–9:00 pm	1/6–2/3	\$58	KCP 7&8

Session 2

#2401.125 Beg.	W	6:00–7:30 pm	2/10–3/9	\$58	KCP 7&8
#2401.126 Int/Adv.	W	7:30–9:00 pm	2/10–3/9	\$58	KCP 7&8

Session 3

#2401.135 Beg.	W	6:00–7:30 pm	3/16–4/13	\$58	KCP 7&8
#2401.136 Int/Adv.	W	7:30–9:00 pm	3/16–4/13	\$58	KCP 7&8

8 Week Class

#2401.117 Int.	Sa	8:30–10:00 am	1/9–2/27	\$87	MVP 1&2
#2401.127 Int.	Sa	8:30–10:00 am	3/5–4/23	\$87	MVP 1&2

Gentle Yoga NEW!

6 Weeks • Adults

Helping to connect movement with breath. This gentle yoga class offers developing strength and flexibility, while providing a relaxing environment.

Instructor: Sheila Gilman, Registered Yoga Teacher

#2665.110	T	9:00–10:00 am	1/19–2/23	**\$68	PACC
#2665.120	T	9:00–10:00 am	3/8–4/12	**\$68	PACC

**\$14 Material fee for blocks, due at first class (cash only)

Restorative Yoga NEW!

6 Weeks • Adults

Restorative yoga offers students a relaxing, restful environment. Poses are supported with props such as bolsters, blankets, and blocks. Clear your mind and feel this spa-like experience.

Instructor: Sheila Gilman, Registered Yoga Teacher

#2666.110	Th	6:00–7:00 pm	1/21–2/25	**\$68	PACC
#2666.120	Th	6:00–7:00 pm	3/10–4/14	**\$68	PACC

**\$14 Material Fee for blocks, due at first class (cash only)



Shallow Water Aerobics

7 weeks • Adults

Are you looking for a workout that will invigorate and motivate you to come back for more? This program is designed to increase your cardiovascular capacity while firming and toning your muscles. You will leave feeling refreshed and renewed with added flexibility.

Instructor: Veronica Scheier, CPR, AQUA, AFAA, and FITOUR Certified

Session 1

#2610.111	M/W–2 days	12:00–12:45 pm	*1/4–2/17	\$52	JSP
#2610.112	M/W–1 day	12:00–12:45 pm	*1/4–2/17	\$38	JSP

Session 2

#2610.121	M/W–2 days	12:00–12:45 pm	2/29–4/13	\$56	JSP
#2610.122	M/W–1 day	12:00–12:45 pm	2/29–4/13	\$38	JSP

*No class on 1/18 & 2/15

“My doctor told me that I had so many steps left due to a foot injury. Deep water aerobics just two times per week has kept me going!”

—Andrea S.

Deep Water Aerobics

7 weeks • Adults

Getting FIT FAST will be fun and easy using the “toys” specially designed for deep water training. You will improve your cardiovascular capacity while toning and trimming your entire body. Get ready for an energized workout! It is required for all students to provide water barbells and flotation belt for class. Aqua gloves are optional.

Instructor: Veronica Scheier, CPR, AQUA, AFAA, and FITOUR Certified

Session 1

#2611.110	T/Th–2 days	12:00–12:45 pm	1/5–2/18	\$56	JSP
#2611.111	T/Th–1 day	12:00–12:45 pm	1/5–2/18	\$38	JSP

Session 2

#2611.120	T/Th–2 days	12:00–12:45 pm	3/1–4/14	\$56	JSP
#2611.121	T/Th–1 day	12:00–12:45 pm	3/1–4/14	\$38	JSP

For other Recreation classes,
visit recreation.escondido.org

Safety Awareness & Self-Defense 1

Workshop • Ages 13*–Adult

This two-hour course will teach you the basics to help avoid being the victim of a crime. We will explain danger cues and awareness, and you will learn simple self-defense techniques that can help you escape a physical attack. Other topics will include identity theft, home safety, and legal options for self-defense. There will be no physical participation in this class.

Instructor: Lieutenant Al Owens, police officer for 19 years and Defense Tactics Instructor for 17 years

#2152.100 W 6:30–8:30 pm 2/17 \$15 EPFH

**It is recommended that 13–15 year olds attend with an observing or enrolled adult*

Safety Awareness & Self-Defense 2

Workshop • Ages 13*–Adult

We begin with a review of the Part 1 course and then move into some practical application of self-defense techniques described in Part 1. Class will concentrate on form, while building confidence and having fun. All techniques will be controlled and performed at low-intensity to avoid injuries. This class is geared toward students who have little or no experience with martial arts, boxing, or grappling.

Instructor: Lieutenant Al Owens, police officer for 19 years and Defense Tactics Instructor for 17 years

#2153.100 W 6:30–8:30 pm 2/24 \$15 EPFH

**It is recommended that 13–15 year olds attend with an observing or enrolled adult*

Tae Kwon Do

12 Weeks • Ages 6–Adults

Develop physical and mental discipline, strength, endurance and coordination. Learn the Korean martial arts of Tae Kwon Do (Kicks, blocks, punching), Hapkido (joint locking techniques), Judo (throwing and grappling), and basic weapons. Become more confident and learn basic self-defense techniques.

Instructor: Skip Leonard, 6th Degree Black, Certified by WT Federation, City of Escondido instructor for over 23 years

Session 1

#2613.112 M/Th 5:00–6:00 pm *1/4–3/31 **\$99 MCC

#2613.113 M/Th 6:15–7:15 pm *1/4–3/31 **\$99 MCC

#2613.114 M/Th 7:30–8:30 pm *1/4–3/31 **\$99 MCC

Session 2

#2613.122 M/Th 5:00–6:00 pm *4/4–6/15 **\$99 MCC

#2613.123 M/Th 6:15–7:15 pm *4/4–6/15 **\$99 MCC

#2613.124 M/Th 7:30–8:30 pm *4/4–6/15 **\$99 MCC

** No class on 1/18, 2/15, & 5/30*

***Martial arts uniform is required and may be purchased from the instructor for \$20*

Escondido Recreation Adult Softball League

Spring 2016: • 10 Week Season plus playoffs

Summer 2016: • 10 Week Season plus playoffs

Divisions

All players must be 18 years of age to play in adult leagues unless otherwise posted for + divisions.

- Monday—Coed A, B, C, & D
- Tuesday—Women’s Open, Coed E & F
- Wednesday—Men’s A & B
- Thursday—Men’s 35+ A & B
- Friday—Men’s C, D, E, & F

Cost

- Team Fees—\$400 (late \$30)
- Umpire & Scorekeeper Fees—\$20 per game per team



Season	Game Days	Registration Open	Registration Closes	Schedule Hand-Out	Season Dates
Spring 2016	M–F	February 1, 2016	February 26, 2016	March 3, 2016	March 7–June 3, 2016
Summer 2016	M–F	May 16, 2016	June 10, 2016	June 15, 2016	June 20–September 23, 2016

Registration packets for coed, men’s & women’s leagues will be available at Kit Carson Park Softball Complex during the season, City Hall, or on our website at recreation.escondido.org



EVCC Gym Activities

East Valley Community Center, 2245 East Valley Parkway

Looking to play a little pick-up basketball, spike a volleyball, swat a birdie, or hit a pickleball, then the EVCC gym is the place for you!

What: Basketball, Volleyball, Badminton, and Pickleball

When: Mondays–Saturdays

Who: All Ages or Adults Only—depending on open gym schedule
(all players under the age of 18 must have an emergency card on file)

Cost: \$2 per person entering the gym, per visit. No charge for spectators accompanying minors

For the most recent schedule updates, call 760.839.4382 or visit recreation.escondido.org/open-gym.aspx

Gym schedule is subject to change without notice.

Escondido Recreation Youth P.A.L. Basketball League

Coed Divisions • 8 Week Season plus Playoffs/Finals

Divisions

- B: 2002–2004 Birth Years
- C: 2005–2006 Birth Years
- D: 2007–2008 Birth Years

Cost

- **\$55
- **\$50
- **\$50

Spring

- #4131.103
- #4131.102
- #4131.101

Practices:

1-hour practice, once a week
Tuesdays between 5:00–9:00 pm

Games:

Mainly Saturdays
East Valley Community Center,
2245 East Valley Parkway, Escondido 92027



Season	Game Days	Registration Open	Registration Closes	Assessment Day	Season Dates
Spring 2016	Saturday	January 4, 2016	January 25, 2016	*January 30, 2016	February 9–May 7, 2016

*Division C and D players will be assigned to teams. Division B players will have a draft.

**Volunteer coaches will get \$10 off registration for first child.

More information can be found on our website at recreation.escondido.org



Escondido Skatepark • SKATE • SCOOTER • BIKE • INLINE

Escondido Sports Center • 3315 Bear Valley Parkway

- Required Equipment: Helmet, knee & elbow pads
- ESC I.D. Card: \$10
- \$10 Casual (one-day): Requires a one-day waiver signed. (If a minor, parent must sign)
- All Sessions: \$5 with ESC I.D. card

SPRING BREAK SKATE CAMP

March 21–March 25 • 10:00 am-1:00 pm • \$99

Skateboard / Bike / Scooter / Inline

Led by Scooter Pro Clayton “The Tornado” Lindley

Spaces are limited.

Sessions	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
MORNING 10:00 am–12:00 pm	<h2 style="margin: 0;">Skate Park Hours Until March 31</h2>					Scooter Only	Combo
LUNCH 12:00–3:00 pm						Birthday Parties	Birthday Parties
AFTERNOON 3:00–5:00 pm	Combo	Combo	Combo	Combo	Combo	Combo	Combo
NIGHT 5:15–7:15 pm	Skate & Inline	Combo	Combo	Bikes Only	Combo	Combo	Bikes Only

Call 855.ESC.4ALL (855.372.4255) or visit sportscenter.escondido.org for more information.

Youth Arena Soccer Leagues

Season Dates

Winter 2016: January 21–March 12

Spring 2016: April 7–June 11

Teams

All teams will be formed using a computer program which takes into consideration coaches and parent evaluation, age, gender, number of seasons played, and skill level. You will be contacted the week before the season begins.

Coaches

Help as a coach and we will give you the materials needed to be effective and lead your team. Coaches receive a \$20 discount if selected (one discount per team) and may request 3 players for your team including your children). A pre-season coaches meeting will include rules, drills, and positions. Please fill out an application. The head coach is required to be fingerprinted. Completion of the above does not guarantee a position as coach.

See sportscenter.escondido.org or call 760.839.5426 for more information.

Divisions	Primary Day & Time (Approximate)	Alternate Day & Time (Approximate)	Cost
3 & 4 years	Saturday, 8:30 am–2:00 pm	n/a	\$75 Winter / Summer \$85 Spring / Fall
5 & 6 years	Thursday, 4:30–8:00 pm	Saturday, 10:00 am–2:00 pm	\$80 Winter / Summer \$90 Spring / Fall
7 & 8 years	Friday, 4:30–8:00 pm	Saturday, 9:00 am–2:00 pm	\$80 Winter / Summer \$90 Spring / Fall
9–11 years	Thursday, 4:00–8:00 pm	Friday, 4:00–8:00 pm	\$80 Winter / Summer \$90 Spring / Fall
12–14 years	Friday, 4:00–8:00 pm	Thursday, 4:00–8:00 pm	\$80 Winter / Summer \$90 Spring / Fall



Lil' Kickers Soccer for Kid's

The Escondido Sports Center is once again teaming up with NCSP, to provide Lil' Kicker soccer classes. Lil' Kickers is a non-competitive, instructional soccer program created to introduce children ages 18 months to 9 years old to the beautiful game of soccer. Lil' Kickers classes develop important soccer skills such as dribbling, trapping, and shooting. Passing skills are also learned at the older ages. Developmentally appropriate equipment and games are used to teach your child the fundamentals of soccer in a fun, exciting, and positive environment.

Bunnies	18–24 months*
Thumpers	2–3 years old*
Cottontails	2 ½–3 ½ years old*
Hoppers	3–4 years (Beginners)
Jackrabbits	3–4 years old (Intermediate)
Big Feet	5–6 years old (Beginners)
Micro League	4–5 years old 6–9 years old (Scrimmage)

*Parent involvement required



Lil' Sluggers Baseball for Kids

Lil' Sluggers is a child development program created to introduce children ages 4–5 to the game of baseball. Lil' Sluggers classes teach essential baseball skills including throwing, fielding, and base-running. Developmentally appropriate equipment and games are used to teach kids the game of baseball in a fun, exciting, and positive environment. Lil' Sluggers is the perfect preparation to transition into youth baseball.

Majors	4 years old
Hall of Famers	5 years old



British Soccer Spring Break Camp March 21–25, 2016



First Kicks • \$79

Ages 3–4
8:30–9:30 am

Mini Soccer • \$105

Ages 4–5
9:30–11:30 am

Half Day • \$145

Ages 6–16
8:30 am–1:00 pm

To register, please visit
www.challengersports.com

For other sports camps, visit
sportscenter.escondido.org

To register for Lil' Kickers or Lil' Sluggers, please visit www.ncspoccer.com

Escondido Senior Center

Park Avenue Community Center • 210 Park Avenue, Escondido, CA
Office Hours: Monday–Friday, 8 am–3 pm • 760.839.4688

Escondido is proud to have one of the largest and most visited senior centers in San Diego County. Located at the Park Avenue Community Center, the Escondido Senior Center works with on-site partners—Escondido Senior Enterprises, the Senior Service Council Escondido, OASIS, and Escondido Recreation to offer quality activities, programs, services, and resources for adults 50 years and up. Whether your passion is to further your skills in T'ai Chi or Line Dancing, gain knowledge, give back to your community through volunteering, or simply enjoy a delicious hot meal and good company, the Escondido Senior Center will help seniors live with confidence and vitality.

Park Avenue Café

Serving up a delicious, nutritious lunch, Monday–Friday, 11:30 am–12:15 pm, the Park Avenue Café is the place to chat and chew with friends! Advance reservation is required by calling 760.839.4803. Transportation services are available.

Social Activities

Choose from a wide variety of special events and programs, bingo, indoor shuffleboard courts, pool room, singing club, exercise and dance classes to keep you physically and mentally fit.

Lifelong Learning Opportunities

Computer Classes, Enrichment Classes, Cover to Cover Book Club, Library, AARP 55 Alive Driving Classes, Talk Tuesdays, and RSVP Volunteer Program breathe new life into learning!

Resources and Services

Health Screenings, HICAP, Job Referral, Legal Aid, Income Tax Assistance, Taxi Voucher Program, and six various Support Groups are offered through the Senior Service Council Escondido.

Travel

Leave the driving and arrangements up to us! Hop on a bus to many exciting travel destinations; choose from one-day trips and overnight multi-day trips. Brought you by Escondido Senior Enterprises Travel.

Volunteer Opportunities

What you give is what you get! Give back to our community by joining our hard working team of volunteers and staff who help provide fun and meaningful experiences for Escondido seniors.

For details on monthly activities see our Whatcha Call It Newsletter (located at the front desk at PACC), or visit: www.escondido.org/facilities/joslyn/index.html



Preregistration is required for all classes. Classes fill quickly so register early!
Registration Begins Monday, December 7, 2015.

5 easy ways to register NOW for Escondido Recreation classes and activities:

1 Online
Internet Registration

- Visit our Website, recreation.escondido.org and click on the link for Online Registration.
- Complete the online registration information, pay by Visa, MasterCard, American Express, or Discover and receive an instant e-mail confirmation.

Please note: A nominal, nonrefundable, processing fee will be charged.

2 Phone-in

- Call 760.839.4691 Monday–Friday
- Pay by Visa, MasterCard, American Express, or Discover
- Registration receipts will be emailed with liability waiver to sign and return to city.

3 Walk-in
Two convenient locations:

- Community Services Department in City Hall, 201 North Broadway
 Monday–Friday
 8:00 am–5:00 pm
- East Valley Community Center, 2245 East Valley Parkway
 Monday, Wednesday, & Friday
 8:30 am–8:30 pm
 Tuesday & Thursday
 11:00 am–8:30 pm
 Saturday
 8:30 am–4:30 pm

See registration form for Mail-in **4 details.**

PLEASE NOTE:

- **A minimal, non-refundable processing fee will be added for all registration transactions.**
- **Registration cannot be taken in class.** Most of our instructors are independent contractors so they cannot process registration; however, they do collect material fees in class (cash only).
- **Fees will not be prorated if you register after class has started.**

How do I request a refund or credit?

To request a refund or credit, contact the customer service staff at City Hall or the East Valley Community Center. The registration processing fee is non-refundable.

On-Going Classes (two classes or more)

- If you choose credit on account, you will receive 100% of the class fees, minus any classes that have occurred. This is the best value!
- If you choose a refund, a 25% service charge will be deducted from the total fee of the class. Additionally, any classes attended or missed will also be deducted.
- All requests for refunds or credits **MUST** be made before the last class.
- No refunds or credits for missing classes.

One-Time Workshops

- Requests for refunds or credits **MUST** be made two business days before the workshop is held. Business days are Monday through Friday 8–5 pm.
- **NO REFUNDS or CREDITS** will be given after the deadline.
- If you choose credit on account, you will receive 100% of the class fees.
- If you choose a refund, a 25% service charge will be deducted from the total fee of the class.

Credit on account is valid for one year from issue date.

- Aquatic classes have a different transfer/refund policy. Call aquatic staff at 760.839.4204.
- Summer Fun Kid’s Camps have a different refund policy. Call Summer Fun Kid’s Camp staff at 760.839.5483.

Your satisfaction is important to us!

Our goal is to provide you with the highest quality recreational programs. If a class doesn’t meet your expectations, we want to know about it. Please contact us as soon as possible so we can improve our service.

Requests for ADA Accommodation

Qualified individuals with disabilities who wish to participate in Escondido Recreation programs, services, or activities and who need accommodation are invited to present their requests for accommodation to the City by filling out a Request for Accommodation Form or an Inclusion Support Form for Minors; or by calling 760.839.4643, preferably at least seventy-two hours in advance of the event or activity.

4 Mail-In Form

To receive registration confirmation, provide e-mail address.

ADULT/GUARDIAN NAME:			
ADDRESS:	APT.#:	CITY:	ZIP:
MOBILE#: ()	HOME#: ()	WORK#: ()	
E-MAIL:			

ACTIVITY REGISTRATION NUMBER	ACTIVITY NAME	PARTICIPANT'S NAME (First and Last)	BIRTHDATE	M / F	FEE
# .			/ /		
# .			/ /		
# .			/ /		
# .			/ /		
# .			/ /		

Important Registration Information

- Make checks payable to City of Escondido and mail to:
Community Services Department
201 North Broadway
Escondido, CA 92025-2798
- Fax-in registration is no longer accepted.
- All registrations must include a non-refundable processing fee.
To calculate processing fee, multiply *Subtotal (A)* by 0.055 and enter result into *Non-Refundable Processing Fee* box. Add this to *Subtotal (A)* to obtain *Subtotal (B)*.

SUBTOTAL (A)	
NON-REFUNDABLE PROCESSING FEE (5.5%)	
SUBTOTAL (B)	
CREDIT ON ACCOUNT (if applicable)	\$
TOTAL	

PLEASE READ WAIVER AND SIGN BELOW

Each adult must sign a separate waiver. A parent/guardian must sign for their children 17 and under.

I agree to indemnify, defend, and hold harmless the City of Escondido, its officers, agents, and employees from any and all loss, damage, liability, cost, or expenses arising out of or resulting from the use of equipment or property owned by or under the control of the City of Escondido whether or not that liability, loss, or damage is caused by or arises out of any act or omissions of the City of Escondido, its officers, agents or employees.

I also understand that the City of Escondido does not carry insurance to cover participants in the activities in which I, my child, or my ward is participating. I understand there are risks associated with these activities and I assume the risk of any injuries that I, my child, or my ward may sustain during any of these activities. I forever discharge the City of Escondido, its officers, agents, and employees, from my lawsuits, damages, claims or judgments resulting from any personal injuries or property damages that I, my child, or my ward may sustain while using City property or equipment, or while participating in an activity sponsored by the City of Escondido.

I understand that the City may take photographs/videos for the use in City publications, Websites, and news releases without my written consent.

I have read the above Waiver/Release of Liability and understand it.

Participant/Parent or Guardian Signature: _____ Date: _____



Escondido Public Library

239 South Kalmia Street, Escondido CA 92025 • 760.839.4684 • library.escondido.org

¡Se Habla Español!

LIBRARY

Mon–Tues 10:00 a.m.–8:00 p.m.
Wed–Fri 10:00 a.m.–6:00 p.m.
Sat 10:00 a.m.–5:00 p.m.

Renew materials online or by phone:
760.738.0249

VOLUNTEER OPPORTUNITIES

760.839.4819

ESCONDIDO TECHNOLOGY CENTER

In the East Valley Community Center

2245 East Valley Parkway
760.839.4395
Free computer access & WiFi

Mon–Thur 12:00–6:00 p.m.

LITERACY SERVICES

Improving reading & writing skills
Located on the 2nd floor of the Library.

760.839.5440

PIONEER ROOM

Local History Archive

247 South Kalmia Street
Escondido, CA 92025
760.839.4315

Tues–Thur 1:00–6:00 p.m.

2nd Saturday Concert Series

January 9, 2016
Opera Exposed!
with Dr. Nicolas Reveles

February 13, 2016
Mohavi Soul
Bluegrass

March 12, 2016
Judy Taylor & The Wild Oats
Western swing
Extravaganza

April 9, 2016
Quartetto Sorrento
Classical quartet

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library.escondido.org/zinio

Book Clubs

Adults

2nd Tuesday Book Club

Rincón Literario
English/Spanish
Bilingual Book Club

Book Club in a Bag
Everything you need to
run your own book club!

Teens

Burritos & Book Club

Kids

R.E.A.D. Book Club

Free Online Driver's Test Prep

Need to take a Driver Education test? Start practicing today with our free online tools!

escondido.driving-tests.org

TumbleBooks

Free Animated eBooks for Kids!

library.escondido.org/books-reading

Friends of the Library Book Shop

760.839.4215

M, W, F, Sat 10:00 a.m.–4:00 p.m.
Tues & Thurs 10:00 a.m.–6:00 p.m.

Book Bargains Galore!

Paperbacks • Bestsellers
Fiction • Videos • Magazines
Classics & Modern Classics

HelpNow!

Free, online tutors available 1:00–10:00 p.m. daily. English and Spanish available.

Skill building in multiple subjects, essay reviews, resume critiques, practice tests—SAT, ASVAB, CBEST, ESL, and more!

For more information on these and other Library programs and services for all ages call 760.839.4684 or visit library.escondido.org

All events are free and open to the public. Programs are sponsored by Friends of the Escondido Public Library. Children's program space and supplies may be limited. Groups of 10 or more wishing to attend Children's programs should contact 760.839.5456 to make arrangements.

Summer Camp and Learn-to-Swim Registration Opens **April 4!**



Escondido Recreation
Creating Community through
People, Parks and Programs



Make Memories with Escondido Recreation!

Escondido Recreation will offer 10 weeks of summer classes, camps, and Learn-to-Swim programs for kids of all ages! Get involved in these exciting activities from June 13 through August 19!

**Full Day
Camps**
Ages 5-12

**Counselor in
Training Programs**
Ages 12-15

**Specialty
Camps**
Ages 3 & up

**Learn-to-Swim
& Aquatic
Programs**
Ages 6 months
& up

**Sports Center
Camps**
Ages 3-14

YOUR BUSINESS AD WILL REACH 130,000 NEW CUSTOMERS!



**YOUR
BUSINESS
OR
EVENT
HERE!**

- 41,000 Guides directly mailed to Escondido residents
- Accessible on Escondido Recreation website
- 3,000 emails to subscribers
- Facebook & Instagram announcements
- 1,500+ Guides distributed to Escondido businesses

Summer 2016 issue will be distributed April 2016. Shelf life of the guide is April 2016–August 2016. Contract deadline is February 1, 2016.

Contact us at recreation@escondido.org or by calling 760.839.4691 for rates, sizes, and terms.



Take advantage of this fantastic opportunity to dine at your favorite eateries and create delicious new experiences!



LOCALS WELCOME!

Escondido may mean "hidden" but it's no secret there's a lot going on here!

VisitEscondido.com is not just for visitors... connect with us for a full calendar of events, things to do, farmers' markets, dining, wineries, craft breweries, arts & theatre, and lots more!



Community Services Department
City of Escondido
201 North Broadway
Escondido, CA 92025-2790



Postal Customer

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